

# TENT & TRAILS

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## HOW TO LAYER FOR COMFORT AND SURVIVAL

### BASE LAYER

ALLOWS FOR WICKING OF PERSPIRATION FOR COMFORT  
LIGHTWEIGHT INSULATION FOR WARMTH  
LAYER WITH OUTER PIECES FOR ADDED INSULATION  
DO NOT WEAR COTTON! COTTON KILLS!  
SUGGESTIONS: POLYPROPYLENE/THERMAX/CAPILENE/SILK/WOOL  
IDEAL USES: HIGH AEROBIC ACTIVITIES  
CYCLING  
NORDIC SKIING

### MID LAYER

ALLOWS FOR WICKING OF PERSPIRATION FOR COMFORT  
MODERATE WARMTH  
LAYER WITH OUTER SHELLS FOR WET AND/OR WINDY WEATHER  
SUGGESTIONS: POLARTEC 100 & 200/DOWN/SYNCHILLA/WOOL  
IDEAL USES: AEROBIC ACTIVITIES

### SOFT SHELL LAYER

SIMILAR TO MID LAYER WITH WATER RESISTANT QUALITIES  
ALLOWS FOR WICKING OF PERSPIRATION FOR COMFORT  
MODERATE WARMTH  
USUALLY MADE OF LAMINATED FABRICS  
LIGHTER THAN INSULATED LAYER  
COMPRESSIBLE  
OFFERS COMFORT OVER A MODERATE RANGE OF TEMPERATURES AND CLIMATES  
IDEAL USES: CLIMBING

### INSULATED LAYER

MAXIMUM WARMTH  
LAYER WITH OUTER SHELLS FOR WET AND/OR WINDY WEATHER  
COMBINED WITH BASE AND MID LAYERS OFFERS COMFORT OVER A WIDE RANGE OF TEMPERATURES

SUGGESTIONS: POLARTEC 300/DOWN/POLARGUARD/RETRO PILE/QUALLOFIL/  
THINSULATE

IDEAL USES: MOUNTAINEERING  
COLD WEATHER SPORTS  
WORKING OUTDOORS

### OUTER SHELL LAYER

ALLOWS FOR WICKING OF PERSPIRATION TO THE OUTSIDE  
WATERPROOF OR WATER RESISTANT  
WINDPROOF OR WIND RESISTANT  
SUGGESTIONS: GORE-TEX/HELLY-TECH/H2NO/DRYLOFT/ACTIVENT  
IDEAL USES: MOUNTAINEERING  
ALL PURPOSE RAIN WEAR

**DO NOT FORGET GLOVES AND HATS**



# TENT & TRAILS CLOTHING CHECK LIST



	<u>Have</u>	<u>Need</u>
<b><u>Clothing</u></b>		
Long underwear bottoms	_____	_____
Long underwear tops..	_____	_____
Wool socks .....	_____	_____
Sock liners (no cotton)	_____	_____
Wool sweater .....	_____	_____
Fleece jacket .....	_____	_____
Fleece pants .....	_____	_____
Wind shell .....	_____	_____
Windproof fleece jacket	_____	_____
Waterproof/breathable rain pants	_____	_____
Waterproof/breathable jacket	_____	_____
Insulated vest (down or synthetic)	_____	_____
Insulated parka (down or synthetic)	_____	_____
Wool gloves or mitts ...	_____	_____
Fleece gloves or mitts.	_____	_____
Ski gloves or mitts .....	_____	_____
Wool ski hat or balaclava	_____	_____
Fleece hat.....	_____	_____
Ski mask .....	_____	_____

**Tent & Trails** is the #1 outdoor store in New York City. Our customers appreciate the shopping experience and service **Tent & Trails** offers. Our store is 6000 square feet stuffed with high tech backpacking equipment, climbing, clothing, and of course tents.

We carry a complete selection of clothing, footwear and equipment from world famous brands such as North Face, Mountain Hardwear, Patagonia, Columbia Sportswear, Sierra Designs, Gregory Mountain, Western Mountaineering, Arc’Teryx, Cloud Veil, Osprey Pack, Merrell, Brunton, Merrell, Asolo, Garmont etc. Aan entire floor is dedicated to our large ladies and childrens department. Many expeditions since 1973 have relied on **Tent & Trails** to properly outfit them for their treks to Mt. Everest, at the top of the world, and Antarctic, at the bottom and everything in between. Our customer service department will gladly special order nearly anything that isn’t stocked by **Tent & Trails**.

**Tent & Trails** accepts Master card, Visa, American Express

**Tent & Trails has outfitted the world and would like to outfit you**